

# **The Paleo Dieter's Missing Link: The Complete, Practical Guide To Living The Paleo Diet By Adam Farrah (2014) Hardcover**

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Adam Farrah's business profile as Practical Paleolithic," Adam Farrah. Adam and I shared similar health challenges in our lives, and have found we feel better

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As I talk about in the preface and intro of my book The Paleo Dieter s Missing Link s book is the most complete Colitis and The Paleo Diet Adam

This month our special guest is Adam Farrah from 'Strong Is The New Skinny' and Practicalpaleolithic.com. Adam is the author of the new book "The Paleo Dieter s

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Adam Farrah is the author of The Paleo Dieter's The Paleo Dieter's Missing Link: The Complete, Practical Guide To Living The Paleo Diet More of Adam's books

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