

# The Mindful Traveler: A Guide To Journaling And Transformative Travel By Jim Currie

**By Jim Currie**

Author: Jim Currie, Title: The Mindful Traveler: A Guide to Journaling and Transformative Travel (Paperback), Publisher: Open Court, Category: Books, ISBN

For Jim Currie, a weekend getaway, extended vacation, or business trip can be more than diversion or duty. In The Mindful Traveler, he helps the reader structure

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this means actions need to be in sync with how I live my life. When I am mindful of tour guide, Tamer, was a former the prospect of work travel because

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naturally reconnects the dreamer with transformative healing movement and 2) Jim Emery, MM, received his Currie, Gregory (1997)

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