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By Philip Oliver-Diaz

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12 Steps To Self-Parenting, based on the 12 Steps of Alcoholics Anonymous, will guide you to nurture your Inner Child so that it may grow into healthy self acceptance.

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Philip Oliver-Diaz is the author of The 12 Steps to Self-Parenting for Adult Children (4.24 avg rating, 17 ratings, 2 reviews, published 1988), Healing T

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