

Herbal Well-Being: Simple Recipes For Making Your Own Herbal Medicines, Aromatherapy Blends, And Herbal Body Care Formulas By Joyce A. Wardwell

By Joyce A. Wardwell

Colleen Dodt, Colleen K. Dodt. The Essential Oils Book: Creating Personal Blends for Mind & Body. Editura: Storey Publishing. Anul aparitiei: 1996. Fragrant essences

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Joyce A. Wardwell is the author of The Herbal Home Remedy Book (3.86 avg rating, 70 ratings, 4 reviews, published 1998), Healing Herbal Wines, Vinegars & register

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This quote describes it well: Tea began as a medicine and grew Tea is a perfectly simple way to access the here's a list of 52 DIY Herbal Tea recipes to

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Try these easy recipes today! What is your favorite herbal tea? Do you make any of your own? Makes a lovely iced tea as well.

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