

Herbal Well-Being: Simple Recipes For Making Your Own Herbal Medicines, Aromatherapy Blends, And Herbal Body Care Formulas By Joyce A. Wardwell

By Joyce A. Wardwell

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Herbal Well Being by Joyce A Wardwell, skin, hands, and feet. Simple recipes for healing creams beautiful body care. Remedies and advice for common

Try these easy recipes today! What is your favorite herbal tea? Do you make any of your own? Makes a lovely iced tea as well.

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Herbal well-being : simple recipes for making your own herbal medicines, aromatherapy blends, and herbal body-care formulas

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Joyce A. Wardwell is the author of The Herbal Home Remedy Book (3.86 avg rating, 70 ratings, 4 reviews, published 1998), Healing Herbal Wines, Vinegars & register

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