

Encyclopedia Of Mental Imagery: Colette Aboulker-Muscat's 2,100 Visualization Exercises For Personal Development, Healing, And Self-Knowledge

Gerald Epstein is the author of Healing of Mental Imagery: Colette Aboulker-Muscat's 2,100 Visualization Exercises for Personal Development, Healing,

Barbara Fedoroff's Encyclopedia of Mental Imagery with Dr. Gerald Epstein. The book includes 2100 visualization exercises for personal development, healing

is an American psychiatrist who uses mental imagery and other mental techniques Epstein founded and became the director of The Colette Aboulker-Muscat

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View Gerald N. Epstein, he has been a pioneer in the use of mental imagery for treating physical and emotional problems. The Encyclopedia of Mental Imagery

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