

# Depression-Free, Naturally: 7 Weeks To Eliminating Anxiety, Despair, Fatigue, And Anger From Your Life By Joan Mathews Larson

**By Joan Mathews Larson**

Depression-Free, Naturally 7 Weeks to Eliminating Anxiety, Despair, Fatigue, and Anger from Your Life

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[1] Larson, Joan Mathews, PhD. Depression-Free, Naturally: 7 Weeks to Eliminating Anxiety, Despair, Fatigue, and Anger from Your Life. NY, USA: Ballantine Books, 1999.

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