

Advanced Acceptance And Commitment Therapy: The Experienced Practitioner's Guide To Optimizing Delivery By Darrah Westrup PhD

By Darrah Westrup PhD

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Book Review Mindfulness and Acceptance in Advanced Acceptance and Commitment Therapy: The Experienced Practitioner s Guide to Optimizing Delivery by Darrah

Acceptance and Commitment Therapy represents such an effort. For more information on Acceptance & Commitment Therapy, visit the official website: [click here](#).

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Dr Russ Harris is Australia's foremost provider of training in Acceptance and Commitment Therapy ACT Advanced Workshops (ACT Training: Part 2)

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